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DEPARTMENT OF HEALTH AND HUMAN SERVICES

DIVISION OF CHILD AND FAMILY SERVICES
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Cindy Pitlock, DNP
Administrator

RURAL NEVADA CHILDREN'S MENTAL HEALTH CONSORTIUM MEETING MINUTES

April 20, 2023

All members participated via Microsoft Teams technology (video or audio).

VOTING MEMBERS PRESENT:

Cherylyn Rahr-Wood
Heather Plager
Lana Robards
Mala Wheatley
Marcel Brown
Melissa Washabaugh
Rebecca McGough
Sarah Hannonen
Jan Marson
Jaymee Oxborrow

VOTING MEMBERS ABSENT:

Michelle Sandoval

STAFF AND GUESTS:

Anthony Lee
Beverly Burton
DJ Mills
Jasmine Sotelo
Kary Wilder
Kimberly Weingartner
Kristen Rivas
Leeann Luna
Mignon Hoover
Misty Vaughn Allen
Nicole Mara
Shannon Hill
William (Bill) Wyss

1. Call to Order, Roll Call, Introductions. – *Melissa Washabaugh, Rural Children's Mental Health Consortium Chair*

Melissa Washabaugh called the meeting to order at 3:01 pm. Kary Wilder, Administrative Assistant, Division of Child and Family Services (DCFS), conducted roll call and a quorum was established.

2. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

None.

3. For Possible Action. For Possible Action. Approval of meeting minutes – *Melissa Washabaugh*

- a. Annual Report Workgroup Meeting Minutes – January 13, 2023
- b. Main Meeting Minutes– February 16, 2023
- c. Main Meeting Minutes – March 16, 2023

MOTION: Sarah Hannonen made a motion to approve the draft Workgroup Meeting Minutes January 13, 2023

SECOND: Cherylyn Rahr-Wood

VOTE: Unanimous, with no opposition or abstention

MOTION: Cherylyn Rahr-Wood made a motion to approve the draft Main Meeting Minutes for February 16, 2023

SECOND: Jaymee Oxborrow

VOTE: Unanimous, with no opposition or abstention

MOTION: Lana Robards made a motion to approve the draft Main Meeting Minutes for March 16, 2023

SECOND: Jaymee Oxborrow

VOTE: Unanimous, with no opposition or abstention

4. For Possible Action. Discussion and possible vote on recommendations to fill rural Children's Mental Health Consortium membership vacancies – *RCMHC Members*

- a. A representative of a local tribal provider of juvenile mental health services; nomination of Debbie George, Chairwoman, Lovelock Paiute Tribe

The withdrawal of nomination for Debbie George, Chairwoman was announced by Sarah Hannonen.

Melissa Washabaugh and Jan Marson might have some recommendations to fill membership vacancies that will be discussed in May's main meeting.

5. For Possible Action. Review, discussion, and possible vote on FY 2023 Budget – *RCMHC Members*

- a. Wellness Items – Order delivered to PEU Reno office
- b. Website Re-design Hours –approximately up to \$4,000
- c. Medication Safes – Order has been approved and is in transit
- d. Positivity Workbook for Teens – Order arrived at Reno PEU Office
- e. Youth M.O.V.E Wellness & Self Care Activity Book Printing – Waiting for master print file from Youth M.O.V.E, \$500
- f. SOC to print “Parent’s Guide to Youth Mental Health” (Spanish and English), \$0, Shannon Hill is working on this item
- g. Books for WCCMHC/Children’s Cabinet – Order arrived at Reno PEU office

Melissa Washabaugh asked Marcel Brown and Rebecca McGough to write a short biography of themselves with a headshot picture to include on the website and send it via email.

6. For Possible Action. May 2023 Mental Health Month planning and possible vote – *RCMHC Members*

- a. Statewide Consortium event at state legislature on May 11th.

Melissa Washabaugh announced that the Rural Children’s Mental Health Consortium has been invited to attend the Statewide Consortium event at the legislature on May 11th. Members will be able to greet attendees while handing out information and answering questions.

Kary Wilder reminded everyone that the invitation to pack up wellness kits was sent out and will be held on May 3rd, 2023, beginning at 10:00 AM at the Reno PEU office.

7. For Possible Action. FY 2024 Consortium Retreat Planning Workgroup – *Sarah Hannonen, Chair – RCMHC Members*

- a. FY 2024 Retreat Workgroup Meeting 4/24, 3:00 pm.

Melissa Washabaugh reminded everyone that the first FY 2024 Retreat Workgroup Meeting will be held on April 24th, 2023, at 3:00PM. Her only recommendation is to carefully consider what days of the week work best for all members.

8. For Possible Action. Presentations, updates, and possible vote to approve letters of support for pending legislation – *RCMHC Members*

- a. Approve Consortia Letter of Support for AB37 (authorizes the establishment of the Behavioral Health Workforce Development of Nevada)

- b. AB69 (appropriate State General Funds to the Nevada Health Service Corps for loan repayment)
- c. AB265 (revises provision relating to mental health)

MOTION: Rebecca McGough made a motion to approve the Consortia Letter of Support as written for AB37

SECOND: Jaymee Oxborrow

VOTE: Unanimous, with no opposition or abstention

MOTION: Sarah Hannonen made a motion to approve the Consortia Letter of Support as written for AB69

SECOND: Cherylyn Rahr-Wood

VOTE: Unanimous, with no opposition or abstention

MOTION: Cherylyn Rahr-Wood made a motion to approve the Consortia Letter of Support as written for AB265

SECOND: Rebecca McGough

VOTE: Unanimous, with no opposition or abstention

Cherylyn Rahr-Wood will send Melissa Washabaugh additional Bills for possible drafts of Consortia Support Letters to review in future meetings.

9. For Information Only. Katie Grace Foundation – *Kimberly Weingartner, President, Katie Grace Foundation*

Kimberly Weingartner spoke about the Katie Grace Foundation which honors her late daughter by re-distributing goods to non-profits organizations. Kimberly currently has about 25 non-profits that she provides goods to. Amazon is one of the foundation's main sponsors, providing about 15-20 pallets a week full of goods. Amazon initially donated over 4 million dollars to the Katie Grace (KG) Foundation. The KG Foundation has been able to save over 300,000 pounds of items from going to the landfill. Kimberly would like to help the rural areas by donating all sorts of goods from her foundation. To become an official partner with the KG Foundation, an application must be filled out, which can be found on <https://www.ktgracefoundation.org/>.

10. For Possible Action. Update on Pediatric Mental Health Access Care Grant (NVPeds) – *Nicole Mara, Education and Information Officer, Nevada Department of Health, and Human Services*

Nicole Mara provided information on participant attendance for multiple trainings that were being offered. For FY 2023, there have been 58 training opportunities up to date that have been offered by NVPeds with 628 total attendees. Between FY 2022 to now, NVPeds has had 109 professional development opportunities and 762 attendees overall. Nicole announced that multiple infographic's have gone out during the last month and encouraged all attendees to be a part of the listserv. NVPeds is in collaboration with National Alliance on Mental Illness (NAMI) Nevada and the Area Health Education Centers (AHEC) through the University of Nevada Reno (UNR) to promote pursuing higher education to 18 individuals between 18-24 years of age. interested in working with

children via primary or behavioral healthcare in hopes of further developing the workforce environment in those fields.

11. For Information Only. Update on System of Care (SOC) Grant – *Bill Wyss, Division of Child and Family Services (DCFS)*

Bill Wyss announced the Nevada Care Management Entity (CME) Request for Proposal (RFP) that is currently open for a four-year contract. This RFP is for the use of the American Rescue Funds by asking qualified vendors to provide a statewide CME for the delivery of services to child youth between the ages of 3 and 20 with complex behavioral needs who may be involved in multiple systems. This CME would serve as a centralized hub for the coordination of services for youth and families.

12. For Information Only. System of Care Subgrantee – Nye Communities Coalition– *DJ Mills, Director of Mental Health and Deflection Programs, Nye Communities Coalition*

DJ Mills described the mission of Nye Communities Coalition is to grow healthy organizations, people, and environments, by joining together individuals, organizations, agencies, and a cooperative and collaborative effort to increase services and opportunities. Nye Communities Coalition was established in December 2000 while being part of the Nye County School District Grant. The Coalition officially became a non-profit in 2002. In 2002, the Coalition was funded and accredited by the Nevada Bureau of Alcohol and Drug Abuse as one of 11 statewide prevention coalitions. This Coalition currently services Nye, Lincoln, and Esmeralda County. Currently, they operate more than 50 State and Federal Grants along with foundation and private donations, as well as some generated income. They offer mental, physical and wellness related training, workshops, and classes at no cost to the community. The Safe School Healthy Students Grant was received in 2016 which was the first big step into working with mental health. As of 2021, they are working to bring System of Care to rural and frontier communities to bring a higher level of mental health services within those areas. The purpose of the Nye Community Coalition and the Division of Child and Family Services (DCFS) working together is to partner up and build structures for an organized network of meaningful partnerships. The second objective is providing holistic case management to youth and families through screening with the Child and Adolescent Needs and Strengths Tool. The third objective is partnering with providers to deliver direct services in an evidence-based manner to youth impacted by emotional disturbances and mental illness. Fourth objective with the Coalition is working within communities to develop services and overcome barriers to access services for individuals in need. Lastly, the final objective is working collaboratively with communities to thoroughly access community response and emotional, mental, and behavioral health needs within Nye County.

13. For Possible Action. Updates from Nevada PEP and discussion and possible action regarding collaborative initiatives – *Charlene Frost, Nevada PEP*

Tabled.

14. For Possible Action. Updates from Medicaid – *Marcel Brown, Division of Health Care Financing and Policy (DHCFP)*

Marcel Brown gave the following updates for Medicaid.

- NV SPA 22-0005 – Reimbursement Methodology for Crisis Stabilization Centers remains on Resident Assessment Instrument (RAI) (continuing to pause the 90-day clock for Centers for Medicare and Medicaid Services [CMS]). Nevada has recently submitted drafted coverage SPA pages defining intensive crisis stabilization services to outline crisis stabilization services in general rather than emphasizing the location of where these services may occur. There is approved MSM Ch. 400 policy for Crisis Stabilization Centers.
- NV SPA 22-0023 Disaster Relief SPA for Certified Community Behavioral Health Clinics (CCBHC) remains on RAI (continuing to pause the 90-day clock for CMS). Supports Nevada in pursuing policy for state plan CCBHCs to remain receiving their anticipated PPS rates that were established pre-COVID pandemic, rather than having their PPS rates rebased to a lower rate due to the impact of their visit count during the pandemic. It is hoped to be approved soon.
- NV SPA 22-0002 – is a temporary support to maintaining the anticipated rate for CCBHCs, the Division is using NV SPA 23-0002 long term solution to this issue. NV SPA 23-0002 revises the bundled rate and Quality Incentive Payment methodology language and data submission requirement language.
- Upcoming SPA: Target Case Management (TCM) – The Division will be proposing to amend Nevada State Plan Amendment (SPA) Supplement 1 to Attachment 3.1-A Targeted Case Management to add in Nevada local county agencies as qualified providers under Provider Type (PT) 54 to deliver targeted case management services to adults with Serious Mental Illness (SMI). Currently county agencies are identifying Fee for Services recipients with SMI in need of case management services but are unable to be reimbursed for these services through Medicaid to assist. Current provider qualifications include state agencies and their employees or contractors, or an organization affiliated with the University of Nevada School of Medicine.
- Upcoming SPA: Alternative Benefit Plan (ABP) – The division will be proposing an amendment to the Alternative Benefit Plan (ABP) to add Medication-Assisted Treatment (MAT) as required within section 1905(a)(29) of the Substance Use-Disorder Prevention that Promotes Opioid Recovery and Treatment for Patients and Communities (SUPPORT) Act of 2018. This is already covered within Medicaid State Plan.
- Upcoming MSM 400: Mental Health and Alcohol and Substance Abuse Services Attachment B, C, and D – Proposed language will be included to align with the newly approved 1115 Substance Use Disorder Demonstration Waiver. Upon CMS approval of the Substance Use & Substance Use Disorders (SUD) Implementation Plan.
- Upcoming MSM 3800: Medication Assisted Treatment (MAT) – Removal of the Data 2000 waiver or “X” waiver requirement to prescribe Buprenorphine to align with recent federal guidance goal. May 30, 2023, public hearing.
- Upcoming MSM 400: Mental Health and Alcohol and Substance Abuse Services – Proposed new policy for mobile crisis response delivered by a Designated Mobile Crisis Team. Public workshop was held on March 31, 2023. Goal of May 30, 2023, public hearing.

- Upcoming MSM 2500: Case Management – Add Nevada local county agencies as qualified providers under Provider Type (PT) 54 to deliver targeted case management services to adults with Serious Mental Illness (SMI). Goal of May 30, 2023, public hearing.
- September 21, 2021, Nevada was among five states awarded the CMS SUPPORT Act Post-Planning Demonstration Grant Award
- Nevada will continue work identified under the Strategic Plan; Some major strategies include but are not limited to: Development of a new PT and individual specialties for Substance Use Treatment Providers and Nevada’s Section 1115 Demonstration Waiver application entitled “Nevada’s Treatment of Opioid Use Disorders (OUDs) and Substance Use Disorders (SUDs) Transformation Project”.
- 1115 SUD Waiver Demonstration Progress: 1115 application and authority approval were received from CMS on 12/29/2022. Once the SUD Implementation Plan is approved, it will be posted online. The submission of the drafted SUD Implementation Plan to CMS is pending an informal review. CMS approved an extension to formally submit the SUD Implementation Plan for 4/28/2023.
- Mobile Crisis Planning Grant: Work was initiated on the provider rate fee for Designated Mobile Crisis Teams and presented in public workshop along with Medicaid Service Manual additions during the March 31st public workshop. Draft coverage SPA language was submitted to CMS. Anticipate taking SPA updates and MSM Updates for DMCT May 30th public hearing for a requested effective date of July 1, 2023. Working closely with a fiscal agent to support this enrollment on development of a new Crisis Services Provider Type and several specialties, one being DMCTs, that should be implemented in May.

15. Public Comment. Make recommendations for agenda items for the next meeting
– RCMHC Members

- Possible vote for supporting the Katy Grace Foundation
- Special presentation – Shannon Hill
- Family Narrative Presentation
- Sub-Grantee Presentation – Cherylyn Rahr-Wood

16. Public Comment. *No action may be taken upon a matter raised during a period devoted to comments by the general public until the matter itself has been specifically included on an agenda as an item upon which action may be taken.*

17. Adjournment. – Melissa Washabaugh, Chair

The meeting adjourned at 5:00 pm.

CHAT TRANSCRIPT:

[4/20 2:36 PM] Kary Wilder

Hello and welcome to the RCMHC April Meeting. This meeting is being recorded. Please enter your name, title, and organization in the chat for the record. Thank you.

[4/20 2:36 PM] Kary Wilder

Kary Wilder, PEU/DCFS Admin Support. kwilder@dcfs.nv.gov

[4/20 3:07PM] Sarah Hannonen (External)

I apologize for being late, Internet issues and will get camera on when stable internet 😊

[4/20 3:15 PM] Nicole Mara

Nicole Mara- Education & Information Officer, DCFS Nevada Pediatric Psychiatry Solutions

[4/20 3:22 PM] Mala Wheatley (Guest)

Mala Wheatley, Pacific Behavioral Health

[4/20 3:23 PM] Kristen Rivas

Kristen Rivas DCFS PEU

[4/20 3:23 PM] Jasmine Sotelo

Jasmine Sotelo DCFS PEU

[4/20 3:50 PM] Jasmine Sotelo

I'm so sorry for your loss Kimberly, thank you for being here today

[4/20 3:51 PM] Nicole Mara

Kimberly, I'm so sorry to hear of your tragic loss. It's inspiring to hear you created a legacy in honor of your daughter's memory.

[4/20 3:58 PM] Beverly Burton

I am so truly inspired by what you are doing. What a wonderful resource for our community

[4/20 4:01 PM] Jasmine Sotelo

<https://www.ktgracefoundation.org/>

[4/20 4:01 PM] Kary Wilder

<https://www.ktgracefoundation.org/scholarship-fund>

[4/20 4:03 PM] Cherylyn Rahr-Wood

WOW.. Thank you.. This is awesome!! You are an Angel!

[4/20 4:12 PM] Sarah Hannonen

ktgracefoundation@gmail.com

[4/20 4:20 PM] Nicole Mara

Please email NVPeds@dcfs.nv.gov if you would like to be added to our listserv. Thank you!
Cherylyn- please forgive my ignorance in being unaware of your founding status with the Teen Text Line! We're thrilled to be partnering with NAMI Nevada to bring this new workforce development initiative to fruition. 😊

[4/20 4:25 PM] kimberly (Guest)
thank you

[4/20 4:36 PM] Cherylyn Rahr-Wood

I sit on the NAMI WNV Board and have been working with Laura and NWN since I was Zero Suicide Coordinator, which is where I worked with Laura on the development of Nevada Caring Contacts, and through that program, the TTL was developed. I am the Northern Regional Coordinator and so I have a full-time job already but work very closely with Nami Western NV on all the warmlines. I had to let them run the programs with my pulse on the data and operators. my new job keeps me very busy. Let's connect offline.. cherylyn@nrhp.org

[4/20 4:36 PM] Cherylyn Rahr-Wood
Yay Nye county!! Nice work DJ

[4/20 4:41 PM] Shannon Hill
Thank you so much DJ and LeeAnn - awesome presentation!

[4/20 4:46 PM] Sarah Hannonen
shannonen@pcsdnv.com

[4/20 4:46PM] Cherylyn Rahr-Wood (External)



[4/20 4:47 PM] Sarah Hannonen
mwashabaugh@pershinghospital.org

[4/20 5:01 PM] Nicole Mara
Thank you all! Have a beautiful afternoon!

Meeting ended: 2h 30m 36s